



Follow the Transhumance in the Lot Valley

The last two week-ends of May, Transhumance festivals are taking place in Aveyron, Cantal and Lozère.

The transhumance of the herds up to the mountain summer pasture is always a crucial moment for life on the Aubrac, which takes place to the tune of festivals and get togethers.

It's also a great opportunity to celebrate spring to the sound of the bells of the Aubrac cows (they're the ones that look like they have khôl eye-liner) : herd decoration, milking demonstration, local market, traditional bands, gastronomy ... it's at Saint-Geniez (Aveyron) on the 22nd and 23rd of May with accommodation in guest houses or in chalets with local speciality meals provided on Saturday evenings.

More information : +33 5 65 70 21 00.

Also on the 22nd and 23rd of May at Nasbinals (Lozere), beautiful village, set 1,200m up in the heart of Aubrac. Built from weathered granite and basalt stone and featuring ancient pilgrim trails, tiny chapels and wayside crosses. The area is perfect if you like hiking and if you look for nature, cultural and gastronomic break. Lots of activity and entertainment planned.

Contact : +33 4 66 32 55 73

And on the 28th of May at Allanche (Cantal), also a lot of activities for everyone with a free 22kms hiking trip organised, phone : +33 4 71 20 48 43.

More information on <http://www.tourisme-aveyron.com> ,
<http://www.cantaltourisme.fr> , <http://www.lozere-tourisme.com>

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