



Winter In Lozere - Lot Valley (France)

Nov 25, 2010

Nordic skiing, downhill skiing, dog-sledding, Lozère in winter offers "alternative living" stays. With more than 500km of signposted slopes, the ski resorts of Le Mas de la Barque, Les Bouviers or Mont Lozère and the Massif de L'Aubrac offer you the chance to practice your favourite winter sport in exceptionally beautiful and preserved countryside, across wooded expanses or on the crests along the peaks.

Lozère offers a unique opportunity to meet bison and wolves in a natural environment :

European Bisons : naturally found in the wild only in the north of Europe, the European Bison has been reintroduced in La Margeride. Here they live in semi-captivity on over 200 hectares. Visits are made mainly by horse-drawn carriage or by sledge in winter. The trip (around 1 hour) allows the discovery of bison in their natural habitat. An information space reveals the history of their survival since prehistoric times.

<http://www.bisoneurope.com>

The Wolves of Le Gévaudan

More than a hundred wolves (from Canada, Siberia, Mongolia or Poland) live in semi-captivity. On the legendary lands of Gévaudan, these wolves have found safe haven in many wooded hectares of space where you can discover them by taking a guided tour of the park.

<http://www.loupsdugevaudan.com>

And also benefit from relaxing holidays :

Come and discover the benefits of rest, relaxation, well-being, of soothing and cocooning in calming surroundings in the Lozère. Far from the stresses and strains of daily life, the Lozère is the dream destination for unwinding and indulging yourself. Countryside spas were born out of the confluence of an exceptionally well-preserved environment and thermal springs whose benefits have always been enjoyed. The La Chaldette resort on the high plateaux of Aubrac offers fitness holidays with or without hiking trips, as well as thermal spa treatments.



<http://www.lachaldette.com>

Breaks are available throughout the winter, Lozère is easily reachable by plane with Ryanair flying to Rodez, by train or road.

More information on : <http://www.lozere-uk.com>

<http://www.lemasdelabarque.com/>

<http://www.lesbouviers.com/>

<http://www.cevennes-montlozere.com/>

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For further information please contact:

Stephanie Khaou

Tel: 07871 779879

Email: lotvalley1@gmail.com

