



## Press Trip Invitation To France : Discover The Lot Valley 5-8 And 19-23 September 2011

Jul 20, 2011

□ Don't miss the opportunity to discover a beautiful place of France. Naturally preserved region, the Lot Valley (group of 5 French counties : Lozere, Cantal, Aveyron, Lot and Lot-et-Garonne) is rich of history and traditions. Whether you like discovering medieval villages, have more active holidays (walking, cycling, fishing, sailing) or just want to relax in a spa, there is plenty to choose from in the Lot Valley.

Gastronomy is a also big part of the regional heritage and you cannot visit the Lot Valley without enjoying the delicious local food and wine.

We are organising two trips in September :

### **Lot and Lot-et-Garonne from 5 to 8 September :**

The trip will cover regional heritage, wine, boating on the Lot river, drive in a vintage French car along the river, visit of prehistoric caves and much more.

The visits will include Saint Cirq Lapopie, Cahors, Cahors vineyards, Penne d'Agenais, Villeneuve sur Lot, Bonaguil, Temple sur Lot...

### **Aveyron, Cantal and Lozere from 19 to 23 September :**

more focused on gastronomy – with dinners in several Michelin star restaurants, and



activities with canoeing and a spa afternoon, the visits will also included Conques, Mourjou, European Pottery Centre, Estaing, Marcoles, Laguiole and its knives factory, the wolves park...

On the 28 of June, The Causses and the Cévennes (part of Aveyron and Lozere) have been listed on the Unesco World Heritage list, so come and discover its exceptional landscapes.

We are taking care of the flight, transport over there, food and accommodation.

If you are interested in joining one of the trip, just contact me and I will send you a more detailed program.

Please note that I would appreciate a confirmed commission before the booking of the trip.

Press Contact

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