

The Lot Valley gives you a LOT this summer

Easy to reach by plane for a short break or by car for longer holidays, the Lot Valley* is full of surprises during the summer months :

From June to September, the Valley resonates with music from classical to jazz and world music, Shakespeare in the text, street theatre (days or nights), religious processions, gastronomic events but also unusual festivals like the Square bowls festival or the the Big Jump in Douelle (Lot) – the river Lot takes part once again to the European project (more information on <u>www.rivernet.org/bigjump/welcome.htm</u>), this year on the 13th July at 3pm.

Prefer to relax on the beach? No problem, for its 6th édition Cahors Plage is bringing sand, beach activities to you with a 90m long beach on Cahors bank and another 2000 m2 sand beach just for you pleasure (10th July until 17th August). The quality of water is carefully monitored and it is completely safe to swim or enjoy water sports in the river Lot.

Other supervised beaches can be found on the banks of the Lot or lakes in Lot-et-Garonne, Lot and Cantal.

So don't hesitate, book your holidays to the Lot Valley now !

For more information about the activities, accommodations or visits, visit <u>www.lotvalley.com</u> or contact Stephanie Khaou at <u>lotvalley1@gmail.com</u>

Enclosed the list of the summer festivals in the Lot Valley for 2014.

* The Lot Valley is a group of 5 French *départements* along the river Lot (Lozere, Cantal, Aveyron, Lot and Lot-et-Garonne)